

Gone Rogue

[Title Here]

“...resentments toward anyone or anything that interferes with his drinking.” Alcoholics Anonymous, page 355

When I read that line above my first thought was that I could easily replace the word ‘drinking’ with words like ‘time’, or ‘plans’, or ‘desires’.

I have to be vigilant on a daily basis in looking at my motives. Selfish self-centered thinking causes my resentments, every time. Thinking about me, me, me.

The solution for me is to practice doing the opposite of my initial response. If someone asks for some of my time, I stop - pause, if you will - and consider ALL alternatives.

“Is what I want or need to do actually something that needs to be done right now, or can it wait an hour or two? Or even a day or two?”

“Will the world end if I don’t get to do that thing I planned to do?”

“Will I be okay if I don’t get that thing I wanted?”

When I pause and ask myself questions like these, I can come from a place of consideration instead of from a place of self-will.

Each old, negative behavior I’ve practiced that no longer serves me or others can be replaced with a new, positive behavior that does serve others, if I take the time to consider my motives and the contrary action. Working Steps Six and Seven keeps me out of self-will and connected to my Higher Power.

~ Anon △

May Chip Recipients

Gary L.	5/8/2007.....	11 years
Mary C.	5/10/2010.....	8 years
Tom G.	5/17/2010.....	8 years
Gustav V.....	5/23/2011.....	7 years
Londyn V.....	5/23/2011.....	7 years



Upcoming Sobriety Birthdays (God willing...)



Brad M.	6/3/1997.....	21 years
Brandon J.	6/6/2011.....	7 years
Andrea Y.....	6/15/2010.....	8 years
Pearl C.....	6/21/2010.....	8 years
Justin	6/26/2012.....	6 years

ANNOUNCEMENTS

Next District Service Committee (DSC) meeting

Sunday, July 8 - 12:00 pm

College Hospital, Conference Room B

Current District Service positions available:

- > Vice-Chair/Bureau Chief (page 24)
- > Treasurer (Page 24)
- > Hospitals & Institutions (Page 26)
- > Events (Page 27)
- > Chips (Page 27)

Visit www.marijuana-anonymous.org/literature/maws-service-manual, click the Service Manual PDF link and go to the pages noted above for a general idea of each position.

It is a good idea to have a working knowledge of the 12 Traditions.

Visit the monthly District meeting for more information.

Step Six

Were entirely ready to have God remove all these defects of character.

Tradition Six

M.A. groups ought never endorse, finance, or lend the M.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

The Sixth Concept of Service

A “Right of Appeal” exists to protect minority opinions, and to ensure that all viewpoints have been considered in the decision making process.

June Meditation

Character defects are, by their very nature, expressions of self-will. We realized that by practicing them it was impossible to practice spiritual principles. We could no longer afford to deny or suppress our defects with drugs or self-will. We became responsible for our recovery and for letting God work within us.

- Page 25, *Life With Hope*

District 5 Treasury

Beginning Balance (5-1-2018)	\$3,580.10
<u>INCOME</u>	
7th Tradition	\$484.00
Total Income	\$484.00
<u>EXPENSES</u>	
Meeting Room Rent (DSC)	\$15.00
Stericycle Vmailbox	\$86.33
Yellow Pages	\$5.00
Total Expenses	(\$106.33)
Ending Balance (5-31-2018)	\$3,957.77
<u>Division of Sub-Accounts</u>	
Prudent Reserve	\$200.00
Event Fund (Reserve)	\$90.00
Conference Fund	\$370.18
Public Information Fund	\$0.00
Total of Sub-Accounts	(\$660.18)
OPERATING FUNDS	\$3,297.59

**District 5
7th Tradition 2018 Donations**

	<u>June 10</u>	<u>YTD</u>
Mon. Los Alamitos	\$30.00	\$135.00
Mon. Fullerton	\$33.00	\$209.00
Tues. Hunt. Beach	\$30.00	\$115.00
Tues. Laguna Beach	\$0.00	\$73.00
Wed. Costa Mesa	\$55.00	\$273.00
Thur. Mission Viejo	\$51.00	\$31.00
Fri. Orange	\$0.00	\$45.24
Sat. Costa Mesa	\$0.00	\$89.00
Sun. Riverside	\$0.00	\$50.66
Sun. DSC	\$16.00	\$97.00
TOTAL	\$215.00	\$1,686.90

EVENTS

**The Events Chair position is
OPEN and Available.**

Visit www.madistrict5.org/events for more information.

This is a WE program.

Please submit your comments, ideas, suggestions and stories, etc. to: info@madistrict5.org

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Your District Service Committee

- Chair** - Ryan H.
- Vice-Chair/Bureau Chief** - **OPEN**
- Secretary** - Dave D.
- Treasurer** - Kathy D.
- Events** - **OPEN**
- Chips** - Az A. (**OPENING**)
- Literature** - Tony R.
- Hospitals & Institutions** - **OPEN**
- Public Information** - Aime C.
- MAWS Delegate** - Aime C.

Information regarding the District's Role and Service Positions at the District level can be found in Part Three of the M.A. Service Manual, ver. 6.1, beginning on Page 22.

Group Service Representatives (GSR)

- Monday Los Alamitos: Laura B.
- Monday Fullerton: Scott
- Tuesday Mens: Justin
- Tuesday Laguna Hills: Lisa L.
- Wednesday Costa Mesa: Londyn/Shelby
- Thursday Mission Viejo: Layne
- Thursday Long Beach: **OPEN**
- Friday Orange: **OPEN**
- Saturday Costa Mesa: Terry H.
- Sunday Riverside: Cory